

Year 6 - PSHE

Autumn 1 and 2	Spring 1	Summer 1
<p>Sex and relationship education: Healthy relationships / How a baby is made</p> <p>Pupils learn:</p> <ul style="list-style-type: none"> ● about the changes that occur during puberty ● to consider different attitudes and values around gender stereotyping and sexuality and consider their origin and impact ● what values are important to them in relationships and to appreciate the importance of friendship in intimate relationships ● about human reproduction in the context of the human lifecycle ● how a baby is made and grows (conception and pregnancy) ● about roles and responsibilities of carers and parents ● to answer each other's questions about sex and 	<p>Drug, alcohol and tobacco education: Weighing up risk</p> <p>Pupils learn:</p> <ul style="list-style-type: none"> ● about the risks associated with using different drugs, including tobacco and nicotine products, alcohol, solvents, medicines and other legal and illegal drugs ● about assessing the level of risk in different situations involving drug use ● about ways to manage risk in situations involving drug use 	<p>Mental health and emotional wellbeing: Healthy minds</p> <p>Pupils learn:</p> <ul style="list-style-type: none"> ● what mental health is ● about what can affect mental health and some ways of dealing with this ● about some everyday ways to look after mental health ● about the stigma and discrimination that can surround mental health 
	<p>Spring 2</p>	<p>Summer 2</p>

relationships with confidence, where to find support and advice when they need it

Identity, society and equality: Human rights

Pupils learn:

- about people who have moved to Islington from other places, (including the experience of refugees)
- about human rights and the UN Convention on the Rights of the Child
- about homelessness

Keeping safe and managing risk:

Keeping safe - out and about

Pupils learn:

- about feelings of being out and about in the local area with increasing independence
- about recognising and responding to peer pressure
- about the consequences of anti-social behaviour (including gangs and gang related behaviour)



FGM

Pupils learn:

- about the importance for girls to be protected against FGM

