

## Keeping safe and managing risk

Y1 Feeling safe	Y2 Indoors and outdoors	Y3 Bullying – see it, say it, stop it	Y4 Playing safe	Y5 When things go wrong	Y6 Keeping safe – out and about
<p><b>1. Pupils learn about safety in familiar situations</b></p> <p><b>Pupils</b></p> <ul style="list-style-type: none"> <li>● recognise the difference between ‘real’ and ‘imaginary’ dangers</li> <li>● understand that there are situations when secrets should not be kept</li> <li>● know to tell a trusted adult if they feel unsafe</li> </ul>	<p><b>1. Pupils learn about keeping safe in the home, including fire safety</b></p> <p><b>Pupils</b></p> <ul style="list-style-type: none"> <li>● know some simple rules for keeping safe indoors, including online</li> <li>● can describe what to do if there is an emergency</li> <li>● understand that they can take some responsibility for their own safety</li> </ul>	<p><b>1. Pupils learn to recognise bullying and how it can make people feel</b></p> <p><b>Pupils</b></p> <ul style="list-style-type: none"> <li>● are able to define what is meant by ‘bullying’</li> <li>● can identify the difference between falling out with someone and bullying</li> <li>● understand how bullying can make people feel and why this is unacceptable</li> </ul>	<p><b>1. Pupils learn how to be safe in their computer gaming habits</b></p> <p><b>Pupils</b></p> <ul style="list-style-type: none"> <li>● know about the age classification system and understand why some games are not appropriate for children to play</li> <li>● can evaluate whether a computer game is suitable for them to play and explain why</li> <li>● are able to share opinions about computer games</li> </ul>	<p><b>1. Pupils learn about keeping safe online</b></p> <p><b>Pupils</b></p> <ul style="list-style-type: none"> <li>● understand that people can be influenced by things online</li> <li>● can explain why what they see online might not be trustworthy</li> <li>● know when and how to report something that makes them feel unsafe or uncomfortable</li> </ul>	<p><b>1. Pupils learn about feelings of being out and about in the local area with increasing independence</b></p> <p><b>Pupils</b></p> <ul style="list-style-type: none"> <li>● are aware of potential risks when out and about in the local area</li> <li>● describe a range of feelings associated with being out and about</li> <li>● understand that people can make assumptions about others that might not reflect reality</li> </ul>
<p><b>2. Pupils learn about personal safety</b></p> <p><b>Pupils</b></p> <ul style="list-style-type: none"> <li>● recognise the difference between good and bad touches</li> <li>● understand there are parts of the body which are private</li> <li>● know who they can go to, what to say or do if they feel unsafe or worried</li> </ul>	<p><b>2. Pupils learn about keeping safe outside</b></p> <p><b>Pupils</b></p> <ul style="list-style-type: none"> <li>● know some rules for keeping safe outside</li> <li>● can assess whether a situation is safe or unsafe</li> <li>● understand the importance of always telling someone where they are going or playing</li> </ul>	<p><b>2. Pupils learn about different types of bullying and how to respond to incidents of bullying</b></p> <p><b>Pupils</b></p> <ul style="list-style-type: none"> <li>● can name different types of bullying (including racism)</li> <li>● can identify the different ways bullying can happen (including online)</li> <li>● can describe how they would respond in a range of situations relating to falling out and bullying, including how to get help</li> </ul>	<p><b>2. Pupils learn about keeping safe near roads, rail, water, building sites and around fireworks</b></p> <p><b>Pupils</b></p> <ul style="list-style-type: none"> <li>● can identify and assess the level of risk of different activities in the local environment</li> <li>● recognise that in some situations there may pressure to behave in a way that doesn’t feel safe</li> <li>● can identify some ways to respond to unhelpful pressure</li> </ul>	<p><b>2. Pupils learn that violence within relationships is not acceptable</b></p> <p><b>Pupils</b></p> <ul style="list-style-type: none"> <li>● know what is meant by domestic violence and abuse</li> <li>● understand that nobody should experience violence within a relationship</li> <li>● know what to do if they experience violence / where to go for help, advice and support</li> </ul>	<p><b>2. Pupils learn about recognising and responding to peer pressure</b></p> <p><b>Pupils</b></p> <ul style="list-style-type: none"> <li>● can identify risky behaviour in peer groups</li> <li>● recognise and respond to peer pressure and who they can ask for help</li> <li>● understand how people feel if they are asked to do something they are unsure about</li> </ul>
<p><b>3. Pupils learn about people who help keep them safe outside the home</b></p> <p><b>Pupils</b></p> <ul style="list-style-type: none"> <li>● can identify situations where they might need help</li> <li>● can identify people in the community who can help to keep them safe</li> <li>● know how to ask for help if they need it</li> </ul>	<p><b>3. Pupils learn about road safety</b></p> <p><b>Pupils</b></p> <ul style="list-style-type: none"> <li>● can identify hazards in relation to road safety</li> <li>● are able to explain how to cross the road safely</li> <li>● recognise that there are rules in relation to road safety for all road users</li> </ul>	<p><b>3. Pupils learn about what to do if they witness bullying</b></p> <p><b>Pupils</b></p> <ul style="list-style-type: none"> <li>● can explain how to react if they witness bullying</li> <li>● understand the role of bystanders and the important part they play in reducing bullying</li> </ul>	<p><b>3. Pupils learn about what to do in an emergency and basic emergency first aid procedures</b></p> <p><b>Pupils</b></p> <ul style="list-style-type: none"> <li>● are able to assess what to do in an emergency</li> <li>● can carry out some simple first aid procedures for different needs</li> <li>● can demonstrate how to ask for help from a range of emergency services</li> </ul>	<p><b>3. Pupils learn about problems that can occur when someone goes missing from home</b></p> <p><b>Pupils</b></p> <ul style="list-style-type: none"> <li>● understand some of the reasons that might cause a young person to run away or be absent from home</li> <li>● can identify the potential risks and dangers of running away or going missing</li> </ul>	<p><b>3. Pupils learn about the consequences of anti-social behaviour (including gangs and gang related behaviour)</b></p> <p><b>Pupils</b></p> <ul style="list-style-type: none"> <li>● know some of the consequences of anti-social behaviour, including the law</li> <li>● describe ways to resist peer pressure</li> <li>● recognise they have responsibility for their behaviour and actions</li> </ul>

		<ul style="list-style-type: none"> <li>• know how and to whom to report incidents of bullying, where to get help and support</li> </ul>		<ul style="list-style-type: none"> <li>• know who to talk to if they feel like running away</li> </ul>	
					<p><b>Female Genital Mutilation (FGM):</b>  The Health &amp; Wellbeing Service have developed 4 additional lessons on FGM which can be delivered in addition to these lessons. The lesson plans are available through training from the Health and Wellbeing Service. More information, including how to book, can be found at: <a href="http://www.leedsforlearning.co.uk">www.leedsforlearning.co.uk</a> <a href="http://www.schoolwellbeing.co.uk/training_courses">www.schoolwellbeing.co.uk/training_courses</a></p> <p><b>Additional lesson:</b> schools should consider teaching FGM, as part of safeguarding and SRE policy development. Pupils should be taught the Year 5/6 SRE lessons before teaching it.</p>
					<p><b>4. Pupils learn about the importance for girls to be protected against FGM</b></p> <p><b>Pupils</b></p> <ul style="list-style-type: none"> <li>• know that FGM is a form of abuse</li> <li>• understand everyone has a right to be protected against harm to their bodies</li> <li>• know where and how someone can get help and support</li> </ul>