



Physical Education Long Term Plan 2022 - 2023

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS						
Physical Development: Gross Motor Skills						
<ul style="list-style-type: none"> ● Negotiate space and obstacles safely, with consideration for themselves and others; ● Demonstrate strength, balance and coordination when playing; ● Move energetically, such as running, jumping, dancing, hopping, skipping and climbing. 						
YEAR 1						
P.E and Games - Mr D	Fundamental movement skills	Team games Dodgeball	Invasion games Hockey	Invasion games Football	Strike and field Cricket / Rounders	Athletics
P.E and Games - Teachers	Dance	Throwing and catching	Gymnastics	Skipping	Team games	Athletics - Sports day practise
YEAR 2						
P.E and Games - Mr D	Fundamental movement skills / Team games	Team games Dodgeball	Invasion games Hockey	Invasion games Football	Strike and field Cricket / Rounders	Athletics

P.E and Games - Teachers	Dance	Throwing and catching	Gymnastics	Skipping	Team games	Athletics - Sports day practise
YEAR 3						
P.E and Games - Mr D	Health related Fitness / Sports Hall Athletics	Team games Dodgeball	Invasion games Hockey	Invasion games Football / Tag Rugby	Strike and field Cricket / Rounders	Athletics
P.E and Games - Teachers	Dance	Netball	Gymnastics	Skipping	Tennis	Athletics - Sports day practise
YEAR 4						
P.E and Games - Mr D	Health related Fitness / Sports Hall Athletics	Team games Dodgeball	Invasion games Hockey	Invasion games Football / Tag Rugby	Strike and field Cricket / Rounders	Athletics
P.E and Games - Teachers	Swimming	Swimming	Swimming	Swimming	Skipping	Athletics - Sports day practise
YEAR 5						
P.E and Games - Mr D	Health related Fitness / Sports Hall Athletics	Team games	Invasion games	Invasion games	Strike and field Cricket / Rounders	Athletics

		Dodgeball	Hockey	Football / Tag Rugby		
P.E and Games - Teachers	Dance	Netball	Gymnastics	Games - Team building	Tennis	Athletics - Sports day Practise
YEAR 6						
P.E and Games - Mr D	Health related Fitness / Sports Hall Athletics	Team games Dodgeball	Invasion games Hockey	Invasion games Football / Tag Rugby	Strike and field Cricket / Rounders	Athletics
P.E and Games - Teachers	Dance	Netball	Gymnastics	Tennis	Swimming	Swimming